

**Project:** *Link2Continents*

**Program:** *EVS short term volunteers mobility*

**Dates:** 1<sup>st</sup> September – 31 October 2017

**Participants:** 2 volunteers from Italy

**Location:** Center for Sustainable Development Studies (CSDS),

63 Pham Than Duat Street, Mai Dich Ward, Cau Giay District, Hanoi, Vietnam

### **Center for Sustainable Development Studies (CSDS)**

Center for Sustainable Development Studies (CSDS) is a not-for-profit organization which promotes education for Sustainable Development in Vietnam; supports women and children and empowers youth; cares for education and protects the environment. Another important component of CSDS is international exchange program. CSDS supports international volunteers while they are doing volunteering work in different project sites such as disabled children center, orphanage, local NGO and teaching at schools.

Learn more about CSDS at: <http://csds.vn/>

### **EVS tasks**

#### **1. Childcare project:**

Volunteers will support and manage work of caregivers at projects including centers for children with disabilities and children with autism, down syndrome.

EVS volunteers may help:

- Organize games and educational activities for the kids
- Help with the gardening
- Help with cooking work
- Organize events for the center
- Widen networking for the center if relevant
- Feed the kids when needed
- Help with fundraising and organize charity campaign for books, old clothes, old shoes for the children if relevant
- Teach English for children from 6 years old to 18 years old
- Support repairing, improving, decorating rooms and facilities of Centre

#### **2. English teaching at Community Class:**

If relevant, some teaching hours can be organized for EVS volunteers. Community English Class is held for groups of high school and university students who are dynamic, eager, and excited to meet and learn English from International Volunteers.

EVS volunteers will be responsible for:

- Creating and/or modifying previous used lesson plans to be taught to students in order to improve their written, oral, and listening English skills.
  - Attend every class that they have been assigned and must also check the attendance of each class that they teach.
  - Assisting with the planning of outside learning activities, field trips, and workshops to enhance the overall learning experience for the students of the Community Class.
  - Being very confident and come to class with a friendly, positive, and smiley attitude.
3. **Others** can be offered based on the practical needs at that time

### Accommodation

Accommodation will be prepared only from 1<sup>st</sup> September – 31 October 2017. If participants come earlier or stay longer than this period, their accommodation shall be covered by themselves.

During your time with CSDS, you will live at our Volunteer House located within a quiet and friendly neighborhood approximately a 45-minute bus journey from the Old Quarter of Hanoi. There is everything you need within walking distance of the Volunteer House: ATMs, supermarkets, laundrettes, chemists etc. There are also some great cafes and local bars. You'll be living with other volunteers from around the world, so you'll make plenty of friends along the way.

The accommodation is basic but comfortable with free Wi-Fi. Each room has bunk beds with up to 8 people per room in single-sex, air-conditioned rooms. The bathrooms are shared and each has a western style toilet and hot shower. The house has a communal kitchen with a fridge, oven and washing machine (available free of charge). Free drinking water is available 24/7. Each volunteer is also provided with a locker to store away valuable items and there are wardrobes to hang your clothes.

### Foods

You will be provided with three meals a day, which will be traditional Vietnamese dishes – this means a lot of rice! All food will be nutritious and freshly cooked.

For breakfast you can expect cereal, toast and tea/coffee. Lunch and dinner in the house is usually always a Vietnamese dish, which will include soup, rice, vegetables and sometimes meat or fish. We have cooks at the house who will freshly prepare your meals. A typical meal will have pork, fish, beef or chicken and tofu or egg and at least 2 different kinds of vegetable

dishes, along with rice and soup. Western meals will be served on an ad-hoc basis and our volunteers always appreciate this.

In case of special diets or requirements (vegetarian, allergies, etc.), please state clearly in the participant's application form. If you have a very complicated diet that would require special ingredients, we would appreciate if you could bring the ingredients with you.

### Transportation

EVS volunteers will be provided a monthly bus pass for commuting to work every day.

Some tips for comfortable and safe journey on bus: ☺

- Get on at front door and get off at the back door
- Bring along with you a piece of paper and a pen to write down your destination or questions, as language barrier can cause difficulties.
- Keep strict eye on your luggage and wallet, especially if using public and local bus.
- Do not hesitate to ask the conductor, the driver or even your fellow passengers if there is anything making you confused.

### What to bring

From the house, volunteers can easily access pharmacies, convenient stores or local markets for everything they may need. Below is the list of recommended items for your consideration:

- ✓ Towels and personal items.
- ✓ Personal medication if needed. Most medication is cheaply available here, however, we advise bringing enough things you take regularly.
- ✓ Comfortable clothing that suitable for our weather at that time. Checking Hanoi's weather forecast before your departure is strongly recommended. You are recommended to wear clothes with shoulders and knees covered
- ✓ Materials and items you can use for the presentation about your country or region
- ✓ And finally, energy, enthusiasm and an open mind to share and learn from each other.

Requirements: Age (18-30), preference to young people who:

- Demonstrate good spoken and written English
- Love working with children, especially children with mental and physical disabilities
- Be positive and proactive
- Be patient and sympathetic