

INFO-PACK
We ART Europe
Youth Exchange
in Erstein (France, nearby Strasbourg)



from Saturday February 15 (arrival date) to Friday February 21 (departure date) 2020

Project Number : 2019-1-FR02-KA105-015897

Countries:

France

Italy

Romania

Bulgaria

Lithuania



Erasmus+

TAMBOUR BATTANT

This infopack contains all the important topics and informations which regards you as partners and participants. Please read carefully the next chapters. We have tried to include all possible information in this info pack, even the apparently obvious topics. Don't hesitate to contact us in case something is not clear.

What is a Youth Exchange ?

Youth exchanges allow groups of young people from different countries to meet, live together and work on shared projects for short periods. Youth exchanges take place outside the school environment. On a youth exchange, you can expect to participate in activities such as workshops, exercises, debates, role-plays, outdoor activities and more. Participant's learning experiences are recognized through a Youthpass.

Discover more watching this video

<https://www.youtube.com/watch?v=myhRLRrV8Io>

and this video <https://www.youtube.com/watch?v=SXdqTWuSnHs>

Description

We would like to carry out this project because we believe that art provides engaging experiences for youngsters. We want to show that creative tasks and inclusive methodology approach boost confidence and participation.

We are motivated to carry on this project because we believe that art is a universal language that speaks to us regardless of our social, economical, cultural or geographical background. It gives us a new perspective and insight on different cultures and customs. Weather they create a painting or a collage to express emotions and feelings, art has the power to break barriers, create initiative and contribute to personal and professional development of youth.

Objectives:

- Improve the knowledges of foreign languages, especially English and French
- Inspire young people to use creative arts as a way to bring cultural awareness and to develop expression
- Increase the feeling of European Citizenship and facilitate an intercultural dialogue among young European citizens, through non-formal methodology

Dates and time of arrival: from Saturday February 15 (arrival date) to Friday February 21 (departure date) 2020, No specific time of arrival: the participants will arrive when their flights will arrive!

Participant's profile :

Project participants are young people aged between 18 and 25 years interested in artistic activities.

However, Youth Exchanges (in Erasmus +) allows the participation of the youth between 13 to 30 years old. For participants not between 18 to 25, the partners must contact Tambour Battant before selected them officially. If there are some minor participants, they will be up to 6 in total. In case a partner would like to send a minor, the partner has to ask Tambour Battant before (because of the limit of 6). For minor participants, the partner or the leader will have to send prior the departure a parental permission or equivalent.

The youth leaders are supposed to be the people who came for the APV (Advance Preliminary Visit) in November 2019. However, if they have a compelling

impediment and they can not attend the YE, the “new” leader can be a youth but he/she must be a little older than the others. There is not age limit for the youth leader. The leaders must participate to all the activities as a regular participant. Especially if there are minor in the group, a minimum of 30 years old for the leader would be a must.

It would be nice if each country could come with 3 boys and 3 girls (group leader included)

Half of the participants (= 3 per country) will be youth with less opportunities). The partners will have to let Tambour Battant know who they are before the YE.

The participants of this youth exchange can not be already engaged under an other Erasmus + mobility (exemple : EVS volunteers can not participate, Erasmus student neither...)

IMPORTANT : we can only accept participants who live in the countries of the partners (=residents) and who travel to and from the country of the partners.

Activities:

Cost : Free (cofinanced by Erasmus + funds)

We will implemente the project through workshops for youth, using non-formal & informal learning methods like:

- Work and reflection groups for practicing foreign languages.
- Artistic workshops to improve or enhance participant’s knowledge in the field of art
- Cultural visits (heritage, gastronomy, cultural sites) to develop the feeling of European citizenship.
- Organization of role plays and other group-building activities to promote the social integration of youth.

Be aware, that it is not a course or a training course. There will be no artist or plastic art teacher hired for the youth exchange. The philosophy of youth exchanges is to learn in a non-formal way, to learn by experience, to learn by doing. The participants and the leaders themselves will do all the activities.

Working Language: English is the working language (however, for the participants who speak french, it will be possible for them to practice their french during informal conversation during the YE)

Number of Participants: 6 per country (30 participants in total).

Number of Countries: 4 + 1 (France) = 5 countries in total

Participation fees from the partner organisations:

Partners organization may ask participation fees and/or membership fees. Despite the fact that all the partners are a non-profit organizations managed largely by volunteers, they, of course have a number of inevitable expenses: one or several employees, rent, invoices and other running costs. Participation fees may also cover the support of the participants: selection, predeparture meeting, administrative procedures, 24-hour assistance, insurances, bank transfer fees (for the reimbursement), dissemination of the project, maybe they will buy the flight tickets for you, after youth exchange evaluation...

Participation fees and services included can vary between the sending organizations. Participation fees could be also lower for the leader as a small consideration for the work and the tasks they might have. Please contact your sending organisation to know the costs of the participation fees (if there are any) and to know which services are included.

Venue : Erstein (France, nearby Strasbourg)



Where it is in France



Where it is exactly



The city hall



Some traditional houses

Erstein is a French commune located in the department of Bas-Rhin, in the Grand Est region. This town is located in the historic and cultural region of Alsace.

The city was the seat of one of the sub-prefectures of the department, until the merger of this arrondissement with that of Sélestat to form the arrondissement of Sélestat-Erstein in 1974. Its inhabitants are called the Ersteinois.

In the region, Erstein has been known since the Middle Ages for its (disappeared) monastery and since 1894 for its sugar refinery.

Accommodation : Free (co-financed by Erasmus + funds)

The accommodation is a High School. However, because the YE will be hosted during the school holidays, you will not see any students.

The participants will be accommodated in 4 beds rooms. Triple rooms would be exceptional but it can happen (for example if the number of the girls and/or boys is not even). Each room has its own private bathroom (with showers and sinks). The toilets are in the corridor. Wi-Fi is available (and free)

Address: Lycée Professionnel Agricole 33C Avenue de la Gare, 67150 ERSTEIN

The genders will not be mixed. If there are couples among the participants, please be prepared to sleep separately. Countries will be mixed in the rooms (for example: one French, one Italian, one Bulgarian, one Romanian)

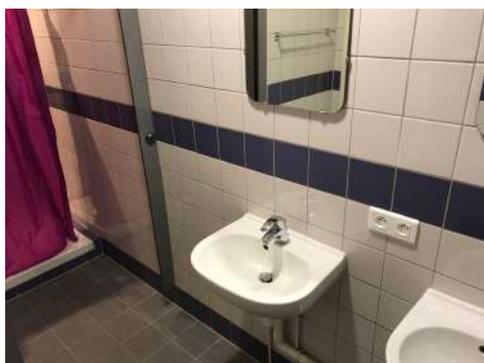
For any question about the accommodation, do not write directly to the High School. You must ask us.

The beds have sheets and blankets, you don't need to bring your sleeping bag.

There are no washing machines in the high school, so you want/need to do some laundry you can use the sink in your room. We will provide you some detergent if needed.

There is an iron in the youth hostel. There is a hair dryer in the youth hostel

For information, the accommodation will be available from Saturday 2 p.m.



Food : Free (cofinanced by Erasmus + funds)



You will be in full board and all the meals will be prepared by the employee(s) of the High School. It will be a kind of buffet.

About the food, please let us know (in the Participant Information Form) if you have a special diet.

We try to respect the diet of the participant as much as possible for ethical reasons, beliefs, health problems or religions, but, to avoid in disappointment, please be aware: If you are vegetarian: in this part of France, we are not yet used to host vegetarians, therefore, instead of the meat you may get two eggs or an omelette (please do not expect the newest vegetarian food as soya steaks or vegetarian curry etc...)

If you are vegan: in France, some restaurants even do not accept to serve vegan because they don't know how to deal with their food since dairy product are everywhere, therefore, you may just get some salad and/or vegetables with olive oil.

If you don't eat pork: if the pork is on the « menu » you may get the same food as the vegetarian

If you are pescetarian: in this part of France (far from the sea), we seldom eat fish/sea food (probably once a week only), therefore if some meat is on the « menu » you may get the same food as the vegetarian.

If you eat halal food: in France, to serve halal food are not common, therefore, if some meat is on the « menu », you may get the same food as the vegetarian.

If you eat lactose free food or gluten free food (only for intolerance problem please) : we will buy some ready meals in the supermarket and you will heat them in the microwave (it would be a good idea to bring some special bread just in case...)

If you have any allergy problems: you may have to remind the employee(s) of the High School.

If you forget to mention your special diet on the Participation Information Form, we may have some troubles to feed you during the YE. For organisational reasons, it is not possible to change your diet during the YE.

Travel :



Participants will be reimbursed up to the limit of the Erasmus+ financial

Warning: unlike some other host organisations, Tambour Battant asks the participants to buy the cheapest flight tickets

Policy: 275 euros (except France: 20 euros)

Italian participants must check with Tambour Battant because the budget can be lower (it depends where the participants live).

The amount is per participant and is not transferable to an other participant (even if there is still some money not spent). Obviously, if there is still some money not spent from one country, the amount is not transferable to an other country.

How to find your flight tickets?

You must look for tickets to the closest airports to the YE place. Airports in order of preference: Strasbourg, Basel-Mulhouse-Freiburg (to notice, this airport is located in France in Schengen area), Karlsruhe/Baden-Baden, Stuttgart, Frankfurt Main, Frankfurt Hahn, Zurich. However, again, you must buy the cheapest flight ticket among all of these suggested airports.

Warning: Flights to/from Paris are never accepted

TIPS:

- Try to land on the closest airport to the YE place (see the list in order of preference above)
- Open jaws tickets (arrival to a city and departure from an other city) are to avoid.
- Try to buy return tickets (not one way with one airline and the other way with an other way) = less emails to send = less calculations to do
- Stop over itineraries (to spend a day or lots of hours in an other city on the way) are to avoid.
- Options will not be reimbursed. Options are: travel insurance, luggage insurance, priority boarding, seat selection, meals on board, flexibility option (possibility to change the date), lounge, fast track, on time guarantee
- For the participants who will not book a checked luggage the « priority boarding » option may be reimbursed (after approval by Tambour Battant) because this option often allows the participant to bring a big/real cabin luggage (wizzair for example)
- Multi-city tickets are to avoid
- Please think about the environment, the ecology, the consumption of kerosene and also try to avoid any waste of money in booking a “big” checked luggage while there are only six nights abroad. You don’t need to bring lots of clothes because all the activities will be “indoor” and it is possible to wash some clothes in the sink. Just bring your winter jacket for the walk in Strasbourg. One checked luggage per participant only will be accepted (10 kg or 15 kg). If you don’t need a checked luggage: do not buy it (we are used to host participant who travel only with a cabin luggage and they are satisfied)
- If several participants come from the same city or area, please try to travel together.

In all cases, you don't need to search how to reach the YE place from the airport of arrival. Tambour Battant will explain you how to do it. We will not pick you up at the airport. You will probably take the public transportation. You just have to look for your flight tickets from your city/country to one of the airport which is mentioned above.

Extra days:

Extra days in the country of origin are not allowed (it means that you can not leave home, spend a couple days in your capital for example and then fly to the YE place). If you want to arrive earlier and/or go back home later, we have to discuss about it (to come 1 or 2 days earlier or leave 1 or 2 days later is acceptable (but not more than 2 days IN TOTAL) and again you must ask us before buying the flight tickets). Obviously, your « special » flight ticket can not be more expensive than the flight ticket on the exact dates. All the expenses during extra days are for your own. Our accommodation is not available if you arrive earlier or if your leave later.

It is also possible to come by car but an agreement must be established prior to the departure (for example, only one car with 6 people, shortest way...). If you rent a car (for the entire group of course), you must rent the cheapest. If you come with a personal car, any compensation for the use of the personal car must be negotiated before the departure. It is also possible to come by bus, by train or with car sharing. In all cases, you must contact us before. Hitchhiking is not allowed.

Warning: do not buy any tickets (flight, bus or train) before telling us the price (luggage included), city of departure, city of arrival, the airline/company and the dates of travel. And please wait for our answer. If we don't answer it doesn't mean that you can buy the tickets (wait for our answer). When you have our approval, you must buy your flight ticket immediately as the price may increase. If you don't buy it immediately and the price increase, you will have to ask for a new approval. When you have bought your flight ticket, you must send it to use (otherwise we don't know that your are ready).

If you buy a flight ticket without an approval, you may not be reimbursed or be reimbursed partially (for example we will reimburse you only the cost of the cheapest flight)

Reimbursement :

The refunds will be made when all the tickets (bus, train, flight) and boarding passes will be sent by email only (no Facebook and no post mail please). You must send us scans or PDF or forwarded emails (pictures from a camera will not be accepted). The scans must be on the good sense of reading (not upside down).

Each participant will have to complete an excel document with all the expenses per participant. Moreover the survey must be done (one survey per leader) and the dissemination work must be done by the partners and/or the participants and the partners have to tell Tambour Battant who are the youth with less opportunities. We must send the money to the partner bank account by bank transfer. Travel expenses will be reimbursed after the YE by bank transfer to the partner organization, within the limit of the Erasmus+ lamp sums.

Program (subject to change a bit) :

PROGRAM FOR THE YOUTH EXCHANGE : We ART Europe	
Timetable	Activities
<i>DAY 1 : Saturday February 15</i>	
AM	travel
PM	Participants arrival and registration Welcome dinner get to know each other (ice breakers)
<i>DAY 2 : Sunday February 16</i>	
AM	Energizer Team Building Team presentation Program overview
PM	Workshop fears and expectations Painting workshop Creative Therapy Workshop Reflection of the day activity leaders meeting Intercultural evening Presentation made by the youth of their respective countries
<i>DAY 3 : Monday February 17</i>	
AM	Energizer Presentation of the partner organisations
PM	Collage Workshop Make-up workshop, masks creation workshop Reflection of the day leaders meeting
<i>DAY 4 : Tuesday February 18</i>	
AM	Departure to Strasbourg Visit of European Parliament Strasbourg visit
PM	transportation back to the accomodation Reflection of day leaders meeting
<i>DAY 5 : Wednesday February 19</i>	
PM	Energizer Mid-term evaluation Workshop about Youthpass T-shirt Workshop Reflection of day leaders meeting
<i>DAY 6 : Thursday February 20</i>	
AM	Energizer Final Event preparation
PM	Museum visit Final event (exhibition), Farawell dinner Final evaluation - Youthpass ceremony and certificates distribution
<i>DAY 7 : Friday February 21</i>	
AM	Departure

RESPONSIBLE PARTICIPATION:

In order to have a responsible and participative atmosphere, we are expecting from you to give the maximum of yourselves to participate as much as possible and in the best way.

Reimbursement of travel expenses inquired by participants will be done according to a full participation in all the activities.

WHAT DO YOU TO NEED TO PREPARE ? :

For the intercultural evening :



Food and / or drinks from your own country. Please bring only snacks (example : crisps, potatoe chips...), candies, biscuits, cakes, chocolates...

This intercultural evening will not be a dinner. We will have a regular dinner before this activity. Do not bring any food that must stay in the fridge. There is no refrigerator/fridge available and we do care of your health with the food. We do not have a budget for this expense; please consider it as a present for the other participants. Please also bring Information brochures of your country and/or city. Please do not bring to much alchocol (for your health). Moreover, it is not worth to book a checked luggage in order to bring some food or drinks.

Presentations :



Bring a presentation of your sending organization (present your "sending" organization to the other participants, maximum 15 minutes). Maybe your organisation has already something. You can use Power point, videos, pictures, etc. Please also bring Information brochures of your sending organisation (if there are any).

Prepare a presentation of your country and/or city (maximum 15 minutes)

Please do not show us a video of your country that we could find on youtube...

Be creative, it could be a game, a tradionnal dance, a traditionnal song, a small play... Something artistic would be great.

Energizers and icebreakers:



Please prepare at least two energizers and one icebreaker (game name or team bulding name) per group (=per country). Make sure your group is ready host one icebreaker for the arrival day because we will do them during the first evening.

Artistic workshops



Please bring an old T-Shirt of any color (we will paint on it). If you don't have any old T-Shirt, we have some but they may not be on your taste/size...

Cultural visits



There are lovely walks to do around the accomodation. So bring comfortable walking shoes or sneakers (and gloves, a scarf and a cap because of the winter time)

WHAT DO YOU NEED TO BRING WITH YOU?:



- Please bring your own towel, soap, sleepers (if you need) and shampoo (and of course tooth paste and tooth brush), if you can not because of liquids limitations (hand luggage) please let us know, we will provide you some if your order in advance
- Bring an umbrella
- Bring your camera if you have one (or you use your mobile phone to take pictures)
- Bring your European health insurance card (if you have one), we encourage you to subscribe your own travel insurance (<https://www.worldnomads.com>), if you have bought your transportation with your credit card you may have an insurance included (you must check with your bank), for information, in case you need to see a doctor during the YE, Tambour Battant will not pay the expenses
- Bring your credit card if you have one for your personal expenses
- About your health : bring your favorite medicines (examples : paracetamol, ibuprofen, immodium...), Tambour Battant will not provide any medicines during the YE because of possible allergies to medicines. If necessary, we will bring you to the nearest pharmacy (next village) and you will buy what you need. Please, if you often have fever, bring your personal thermometer because Tambour Battant will not provide it for hygiene reasons.
- Bring a bit of cash (not to much please for security reason), everything is free and included (accommodation, food, activities), but you may buy some souvenirs for your parents
- Please bring a padlock to lock your luggage (the rooms have no keys)
- Bring your MP3 player with your favorite music, if you want, usually, the evenings become parties...

Insurance:

Participants from EU countries are advised to carry an European Health Insurance Card (former E111 form). We recommend you to pay your airline tickets with a credit card, travel insurance is included (it is a recommendation only, do not change your credit card specifically for this trip!) We encourage you to subscribe your own travel insurance (for example: <https://www.worldnomads.com>). This purchase will not be reimbursed. Also, insurance will not be reimbursed if you add it as an option in your flight ticket.

Facebook group of the project :

<https://www.facebook.com/groups/398062280849360/>

Contact:

Email: tambourbattant@hotmail.com

+ 33 9 72 38 63 55 (land line phone = fixed phone)

Some useful expressions

- « Hello » / « Good morning » : Bonjour
- « Hi! » : Salut !
- « Good evening » : Bonsoir
- « How are you? » : Comment vas-tu ?
- « How are you doing? » : Comment allez-vous ?
- « I'm great, thanks » : Je vais super bien, merci.
- « What's up? » : Quoi de neuf ?
- « How old are you? » : Quel âge as-tu ?
- « Where do you from? » : D'où viens-tu ?
- « What's your name? » : Comment vous appelez-vous ?
- « My name is... » / « I'm... » : Je m'appelle... / Je suis (prénom)
- « Where do you live? » : Où habites-tu ?
- « Yes » / « No » : Oui / Non
- « I don't know » : Je ne sais pas
- « Please » : S'il te plaît
- « Thank you » / « Thanks! » : Merci
- « Goodbye » / « Bye » : Au revoir
- « See you soon » : À bientôt
- « See you » : A+
- « Have a nice day! » : Passe une bonne journée !
- « I love you » : Je t'aime

We are looking forward to meet you and to spend one week with you all. We hope you will enjoy your time in France!

