**Brief questionnaire for future volunteers in Activar**

Dear applicant,

We are truly glad that you chose Portugal, Lousã and Activar to enroll in this life changing volunteering experience.

We prepared a few questions for all the young people who wish to volunteer with us. This questionnaire is not meant to judge you nor evaluate you, but to help us getting to know you better. Try to be objective and faithful to your own feelings and goals. We hope that these questions will help you as well to reflect on you volunteering project and to prepare for it.

Thank you!

**Name:**

**Date of birth:**

**Contact:**

1. What is your main motivation to enroll in a volunteering project? Have you ever had any other volunteering experiences? If so, which ones?
2. What kind of experiences, if any, did you have abroad? Where and for how long? Were you alone or in a group? In what context did they occur (holidays, work, family issues, etc.)?
3. Do you speak any foreign languages? Which ones? How fluently? Do you like to speak in those languages? How did you learn them?
4. Do you prefer social or manual activities? What kind of activities do you know or like to do?
5. Do you prefer to work in teams or independently? Do you consider yourself to be proactive and easily taking initiative or do you prefer to perform tasks under someone else’s coordination? Would you prefer to be in a project exclusively with native people from the country where you are going or also with volunteers from different countries?
6. Do you prefer rural or urban areas? Why?
7. Are you comfortable with sharing your room or is it important to have your own space? Are you able to prepare your own meals? Do you have any special needs regarding food, health, etc.? If so, which ones?
8. Are your family and friends supporting you in this project? How do they feel?
9. Do you have a clear vision of what you wish to do after the end of the project?